BACK2NORMAL

PHYSICAL • THERAPY

Promoting Whole Body Healing, Getting You Back 2 Normal

RECOVERY ZONE

Back 2 Normal is a sponsor for the St. Pete Run Fest and spearheads a unique experience, the beresponsible™ Recovery Zone, led by founder & owner Lisa Chase and her highly skilled and experienced team. The Recovery Zone includes the latest technology and treatments to ensure race participants quicker, more effective post-race recovery. Experience the best of performance enhancement technologies and recovery therapies to help you achieve optimal wellness – in sport and in everyday life.

Back 2 Normal beresponsible™ Recovery Zone offers:

- Massage Therapy
- Bemer Therapy
- Percussion Therapy
- Normatec Compression Therapy
- Stretching, Massage Stick, and Foam Rolling
- Therapeutic Essential Oils

After you complete your run, head over to the Back 2 Normal beresponsible™ Recovery Zone to register for your services. **Services are first come, first served and you must be in the Recovery Zone when your name is called to secure your spot.** We look forward to seeing you at the finish line!

Happy with your service & experience?

Scan the QR code to tip our therapists on **Venmo at @Back2Normal**

Leave a Google review at **back2normalpt.com/google**

THANK YOU!

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