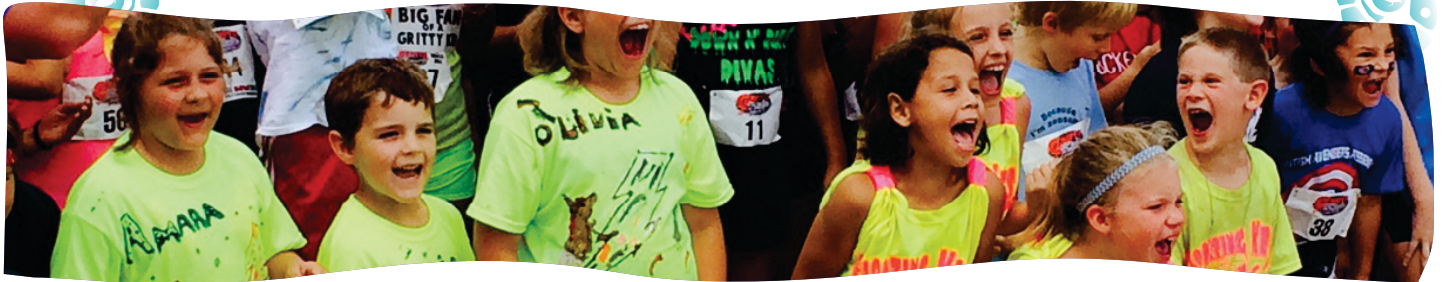# tropical CAFE SMOOTHIE

PELI KIDS MARATHON CHALLENGE

I CAN DO 26.2!

Join us for the Inaugural PeliKids Marathon Challenge! Students set a goal to complete a marathon (26.2 miles), running one mile at a time. Students can log their miles during P.E. class, before or after school, or at home. They will complete their final mile of the marathon on Saturday, November 17, right on Bayshore Blvd, crossing the St Pete Run Fest Finish line!

INFORMATION

- PeliKids Marathon Challenge Mileage Tracker allows kids to track their progress. Special prizes and coupons are awarded at every 5 completed miles.

- The Program is open to kids grades Kindergarten (ages 5+) through 8th grade.

- All participants receive a medal, t-shirt, and snacks, plus live entertainment at the finish line celebration

- Make it a Marathon: Through our free 8-week training program, kids can train with parents, teachers, coaches and friends to build up to 25.2 miles before race day.

- The training program also includes tips to help kids start and maintain an overall healthy and active lifestyle.

- Participants come together to complete their final mile of the marathon on race day and become official PeliKids Marathon Challenge Finishers.

- PeliKids is hosted in conjunction with the St Pete Run Fest, and participants will cross the same finish line that the Half Marathon, 10K, and 5K athletes do!

OPTIONS FOR PARTICIPATION

School-based-a PE or classroom teacher can lead daily/weekly training during the school day

Before/After-School Program-a teacher or parent can facilitate a before/after-school "Run Club".

Home Based-Individual students can complete the training program at home with their family

The student shall bring their completed mileage form to packet pickup to receive an extra award for their efforts! Additionally, students are able to help raise funds for their school and qualify for fun parties and gifts when 50+ children register for the race and participate in the training program. Contact Kelly at kelly.lindhardt@stpeterunfest.org or at (352) 870-0087 for more details.